

# European Journal of Nutrition & Food Safety

Volume 16, Issue 9, Page 22-30, 2024; Article no.EJNFS.121323 ISSN: 2347-5641

# A Study on Consumer Awareness Regarding Non-dairy Products

Rathwa a++\*, K.C. Kamani b#, M.C. Prajapati b#, A.K. Makwana b† and M.D. Gurjar b#

<sup>a</sup> Dairy and Food Business Management, Kamdhenu University, Anand, India. <sup>b</sup> SMC College of Dairy Science, Kamdhenu University, Anand, India.

## Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

#### Article Information

DOI: https://doi.org/10.9734/ejnfs/2024/v16i91523

**Open Peer Review History:** 

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here:

https://www.sdiarticle5.com/review-history/121323

Received: 19/06/2024 Accepted: 23/08/2024

Published: 28/08/2024

## Original Research Article

# **ABSTRACT**

The focus of this paper is to explore how a well-known cooperative organization in the dairy industry can increase customer awareness of non-dairy products. The study comprised 104 participants, and data was collected through a questionnaire. The results show that Anand City residents have a positive attitude towards non-dairy products offered by the cooperative organisation. To increase sales, the company's promotional strategies can be improved. Ready-to-eat, ready-to-cook, and ready-to-serve food products have become increasingly popular due to changes in eating habits and culinary techniques because of urbanisation, cultural shifts, and societal development.

++ Student, MBA;

Cite as: Rathwa, K.C. Kamani, M.C. Prajapati, A.K. Makwana, and M.D. Gurjar. 2024. "A Study on Consumer Awareness Regarding Non-Dairy Products". European Journal of Nutrition & Food Safety 16 (9):22-30. https://doi.org/10.9734/ejnfs/2024/v16i91523.

<sup>#</sup> Assistant Professor;

<sup>†</sup> Associate Professor;

 $<sup>\</sup>hbox{$^*$Corresponding author: Email: dhrutirathwa 322000 @gmail.com;}\\$ 

Keywords: Non-dairy products; Consumer Awareness; Ready-to-Eat (RTE); Ready-to-Cook (RTC); Ready-to-Serve (RTS); primary data; rank correlation; brand awareness; customer satisfaction; purchasing patterns; consumer decisions; Anand City; demographic characteristics.

## 1. INTRODUCTION

India's eating habits and culinary techniques have undergone a significant change in the last several years because of urbanisation, cultural development, and social transformation. People choose simple, quick, and time-saving cooking methods and foods because of the pressure of their busy lives. Because there are many quick foods on the market and because people respond to items that are fresh and simple to prepare, modern people's lifestyles and behaviours towards Ready-To-Eat (RTE), Ready-To-Cook (RTC), and ready-to-serve (RTS) products have changed [1,2,3]. Due to their convenience, RTE, REC, and RTS snacks have seen the fastest growth in popularity among consumers over the past five years.

These food products attracted more consumer interest because of their allure, reasonable price, flavour, appearance, texture, etc. They are also known as fast food because they are simple to prepare and eat. It frequently consists of prepared snacks, frozen meals, bread, spaghetti, breakfast cereals, fruit snacks, sauces, processed meat, protein bars, etc [4].

In contrast to ready to cook food items, which require some preparations like heating or boiling before consumption, ready to eat food goods are packaged foods that may be enjoyed right away without any cooking. While prepared foods that serve as a main dish and do not need any further accompaniments are known as ready to serve dishes. Today's ready-to- eat/serve, ready- to-cook products are widely available since they are the most accurate substitute for our everyday diet. Young people are more likely to spend their money on ready-to-eat and ready-to-cook products [5,6].

Young customers, who are easily targeted by RTE, RTC, and RTS manufacturing companies due to the convenience level, texture, and pleasant flavour over the entire shelf life of the products, are driving up demand for these foods [7]. As a result, ready-to-eat and ready-to-cook food products are becoming increasingly popular among Indian and global consumers in place of conventional cooking methods.

## 1.1 Objectives

- To investigate how consumers see RTE, RTS, and RTC food products.
- To research customer purchasing patterns for Non-dairy products.
- To determine the respondents' brand awareness, issues, and degree of satisfaction withtheir purchases of Non-dairy products.
- To identify the variables affecting consumers' decisions to buy Non-dairy products.

## 2. RESEARCH METHODOLOGY

## • Data Collection

This study makes use of primary data. The respondents filled out a questionnaire to obtain primary data. There are closed-ended questions on the survey.

# Sample size

The sample size taken in this was 104 students.

## Area of study

The area of the research was confined to Anand City Gujarat

## Tools for analysis

The numerous instruments used for data analysis include:

Proportional analysis Likert-scale evaluation Analysing rank correlation

## 3. RESULTS AND DISCUSSION

## 3.1 Gender of Respondent

Numerous studies indicate that men in families tend to make more purchasing decisions than women. The following table includes the gender classification of the respondents.

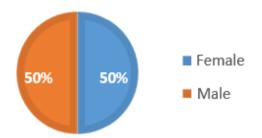


Fig. 1. The numbers of respondents from both gender

Source: Primary data

Table 1. Gender-wise classification of respondents

Gender	No. of respondents	Percentage
Female	52	50
Male	52	50
Total	104	100

**Table 2. Demographic Characteristics** 

Data	
Rural: 47.1%	
Urban: 52.9%	
Below 20: 23.1%	
20-30: 75%	
More than 30: 1.9%	
Undergraduate: 57.7%	
Postgraduate: 39.4%	
Ph.D.: 2.9%	
Dairy Technology: 29.8%	
Food Technology: 43.3%	
Engineering: 3.8%	
Agriculture: 1%	
Medical: 10.6%	
Commerce: 1.9%	
MBA: 6.7%	
Science: 3%	
Agriculture: 36.5%	
JOB: 44.4%	
Business: 19.1%	
	Rural: 47.1% Urban: 52.9%  Below 20: 23.1% 20-30: 75%  More than 30: 1.9%  Undergraduate: 57.7% Postgraduate: 39.4% Ph.D.: 2.9%  Dairy Technology: 29.8% Food Technology: 43.3% Engineering: 3.8% Agriculture: 1% Medical: 10.6% Commerce: 1.9% MBA: 6.7% Science: 3% Agriculture: 36.5% JOB: 44.4%

Source: Primary data



Fig. 2. Awareness about Non- Dairy Products

Source: Primary data

The Fig. 2. 39% of the respondents were fully aware, while 55% were moderately aware of the non-dairy

products. Only 6% reported being unaware of the Non- Dairy Products.

The data provides insights into a specific population, revealing a predominantly urban demographic (52.9%) with a significant portion aged 20-30 (75%). In terms of education, a majority are undergraduates (57.7%), followed by postgraduates (39.4%), and Ph.D. holders (2.9%). The distribution of disciplines shows a diverse range, with food technology (43.3%) and dairy technology (29.8%) being the most prevalent. Family occupations are varied, with a substantial percentage engaged in jobs (44.4%), followed by agriculture (36.5%) and business (19.1%).

The graph reports state the source's knowledge: 60.60% of respondents were from themselves, 44.20% were from Brand Store, 39.40% were from friends, and 19.20% were from family members who came to know about Non-dairy products by a renowned cooperative organisation in the dairy sector products [8]. Only 1% were unaware of Brand's non-dairy products.

The graph shows that 87.5% of customers bought Ready to Eat, 44.25% bought Ready to Cook, and 37.5% bought Ready to Serve Non-dairy products.

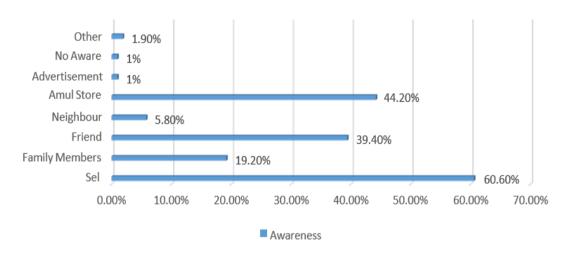


Fig. 3. Source's of Knowledge of Non-Dairy Products
Source: Primary Data

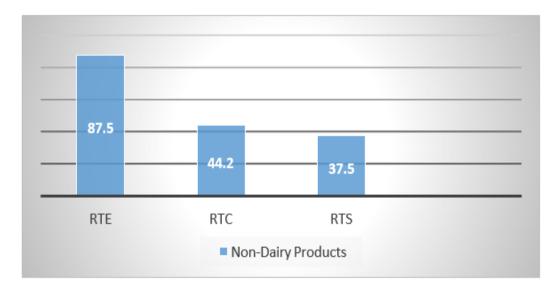


Fig. 4. Level of Purchase the Non- Dairy Products
Source: Primary data

Table 3. Percentage of people who purchased non-dairy products

Store	Percentage of people who have purchased non-dairy products from a well-known cooperative organisation in the dairy sector at a specific
	store
Amul Parlour	79.80
D-Mart	44.20
Jio-Mart	10.60
Provision Store	26.00

Source: Primary Data

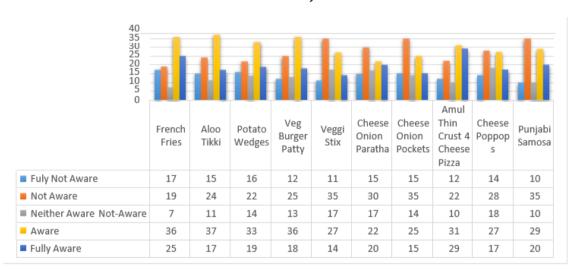


Fig. 5. Awareness of ready-to-cook non-dairy products
Source: Primary Data

According to Table 3, Amul Parlour was the preferred store for approximately 79.80% of the respondents. The second most preferred store was D-Mart. Around 26% of the participants purchased non-dairy products from a renowned cooperative organization in the dairy sector from Provision Store. Furthermore, 10% of the respondents bought products from Jio-Mart.

The observation table and graph demonstrate that 58.65% of people are more aware of French fries, 51.92% of people are more aware of Aloo Tikki, 50% of people are more aware of Potato Wedges, 51.92% of people are more aware of Veg Burger Patty, 39.42% of people are more aware of Veggie Stix, 51.92% of people are more aware of Cheese Onion Paratha, and 57.69% of people are more aware of Amul Thin Crust 4 Cheese Pizza.

The chart displays the frequency of purchase of ready-to-cook non-dairy products. According to the chart, French fries, Aloo Tikki, and Amul Thin Crisp 4 Cheese Pizza are the most popular products, with respondents purchasing them once a month. The reasons for buying these

products include their delicious taste, brand reputation, high quality, ease of preparation, and time-saving benefits. These products are also popular because they are easy to cook and provide a perfect taste, freeing up time for other activities.

The data presented in the observation table and graph indicates that 60.5% of individuals are more familiar with Peanut Butter, while 61.53% have a greater awareness of Tomato Ketchup and Salted Chips. Furthermore, 56.73% are more familiar with Masala Chips, 55.76% with Cream and Onion Chips, and 46.15% with Cheesy Burst Puffles.

The chart above displays how frequently respondents of a renowned cooperative organization in the dairy sector purchase ready-to-eat non-dairy products. According to the chart, Peanut Butter, Tomato Ketchup, Masala Chips, Fiery Peri Peri, and Tango Tomato puffs are all itemsthat are purchased once a month.

When asked about their reasons for buying ready-to-eat non-dairy products, respondents

cited brand trust, taste, and quality as the top three reasons. They also mentioned that these products are convenient to eat as a snack and save time, while still being delicious. Other reasons include good flavour, high quality, satisfying cravings, and overall enjoyment.

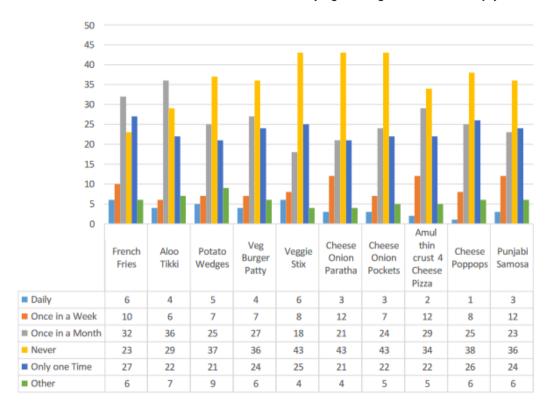


Fig. 6. Frequency of purchasing non-dairy ready-to-cook products

Source: Primary Data

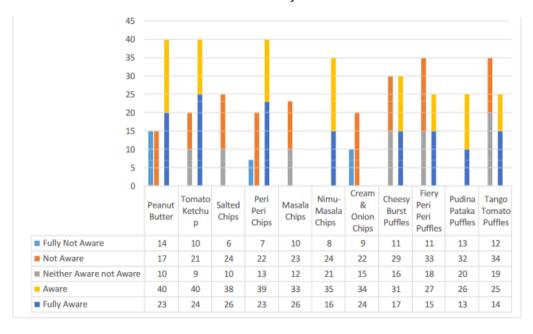


Fig. 7. Awareness of ready-to-eat non-dairy products
Source: Primary Data

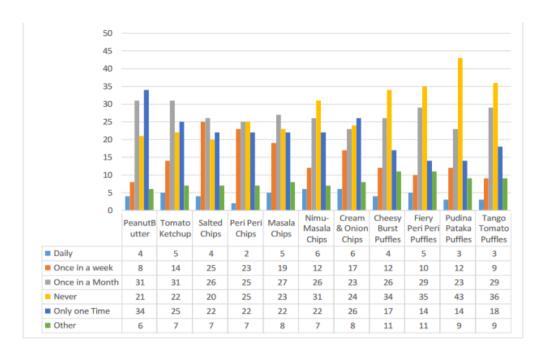


Fig. 8. Frequency of purchasing ready-to-eat non-dairy products

Source: Primary Data

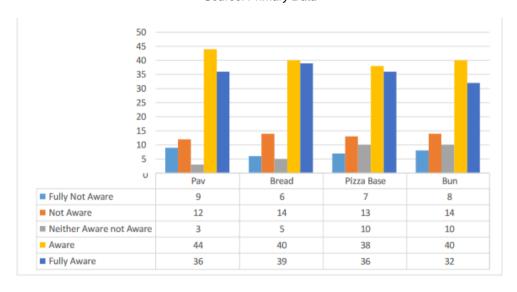


Fig. 9. Awareness of ready-to-serve non-dairy products

Source: Primary Data

The observation table and graph demonstrate that 76.92% of people are more aware of Pav, 75.96% are more aware of Bread, 71.15% are more aware of Pizza Base, and 69.23% are more aware of Bun.

The chart above displays the frequency of purchasing ready-to-serve non-dairy products, as reported by the respondents. According to the chart, pav, bread, pizza base, and buns are all bought once a month.

The respondents stated several reasons for buying ready-to-eat non-dairy products from the renowned cooperative organization in the dairy sector. These reasons include trust in the brand, taste, and quality of the products, trust in the hygiene of the production process, convenience, affordability, and overall good quality [9,10]. The products can be used in various everyday dishes as an ingredient or consumed with other foods, and the respondents also had an attitude of tryingnew things.

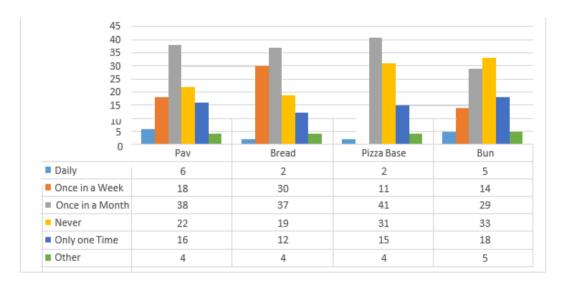


Fig. 10. Frequency of purchasing ready-to-serve non-dairy products Source: Primary Data

#### 4. CONCLUSION

A survey was conducted in Anand where 104 respondents completed a questionnaire-based survey. The survey aimed to assess the awareness of non-dairy products, which was conducted through consumer awareness renowned cooperative campaigns by а organization in the dairy sector. The analysis of the survey indicated that most respondents were familiar with Non-dairy products. The survey also revealed that 87.5% of the respondents purchased Ready to Eat, 44.25% purchased Ready to Cook, and 37.5% purchased Ready to Serve Non- dairy products. With the availability of numerous fast-food options in the market, people have adjusted their lifestyles and behaviours towards consuming ready-to-eat, ready-to-cook, and ready-to-serve products. They prefer foods that are fresh and easy to prepare. The survey mainly focused on the ready-to-eat, ready-tocook, and ready-to-serve food categories. These categories included packaged food that is intended for immediate consumption requires little preparation in contrast to ready-tocook foods, which require relatively little further work to prepare.

## **DISCLAIMER (ARTIFICIAL INTELLIGENCE)**

As a result of this declare that generative Al technologies such as Large Language Models (ChatGPT, QuillBot, etc) and text-to-image generators have been used during the writing or editing of manuscripts.

## Details of the Al usage are given below:

- 1. ChatGPT
- 2. QuillBot

## **COMPETING INTERESTS**

Authors have declared that they have no known competing financial interests OR non-financial interests OR personal relationships that could have appeared to influence the work reported in this paper.

#### **REFERENCES**

- Chaudhari A, Gurjar M, Kamani K, Prajapati M, Makwana A. A study of awareness and student's buying behaviour towards probiotic dairy products at Anand City, India. Journal of Scientific Research and Reports. 2024;30(8):66–72. Available:https://doi.org/10.9734/jsrr/2024/ v30i82225
- Cosme F, Inês A, Vilela A. Consumer's acceptability and health consciousness of probiotic and prebiotic of non-dairy products. Food Research International. 2022;151:110842. Available:https://doi.org/10.1016/j.foodres.
- 2021.110842
  3. Melsa C Thomas. A Study on Customer Awareness and Satisfaction of Milma Products with Special Reference to Thiruvananthapuram City; 2020.

Available:http://www.questjournals.org/28 Feb. 2020.

- Ramya N, Mohamed Ali SA. A study on consumer buying behaviour towards amul products with special reference to Coimbatore City. ISSN Print: 2394-7500 ISSN Online: 2394-5869 Impact Factor: 5.2 IJAR. 2018;4(7): 353-357.
  - Available:www.allresearchjournal.com.
- Nitya Khurana, Prachi Goyal. Consumer perception towards instant food products A study of youngsters in India. ICTACT Journal on Management Studies. 2021;7(4):5.
   Available:https://doi.org/10.21917/ijms.202 1.0215
- Schiano A, Harwood W, Gerard P, Drake M. Consumer perception of the sustainability of dairy products and plantbased dairy alternatives. Journal of Dairy Science. 2020;103(12):11228–11243. Available:https://doi.org/10.3168/jds.2020-18406
- 7. Pienwisetkaew T, Wongthahan P, Naruetharadhol P, Wongsaichia S, Vonganunsuntree C, Padthar S, Nee S, He P, Ketkaew C. Consumers'

- Intention to Purchase Functional Non-Dairy Milk and Gender-Based Market Segmentation. In Sustainability. 2022;14: 11957.
- Available:https://doi.org/10.3390/su141911 957.
- 8. Pooja A Patel, et al. Consumer behaviour for consumption of amul milk in Ahmedabad City, Gujarat. International E Conference on Adapting to the New Business Normal the Way Ahead. 2020:9.
- Temgire, Sushant, et al. Recent Trends in Ready to Eat/Cook Food Products: A Review. The Pharma Innovation. AkiNik Publications. 2021;5(4):211–17. Available:https://doi.org/10.22271/tpi.2021. v10.i5c.6207.
- Rungrojvithayakul, P. The study of consumers' perception and purchasing decision toward non-dairy milk products in Thailand. In Thammasat University; 2018.
   Available:http://ethesisarchive.library.tu.ac.h/thesis/2018/TU\_2018\_6002040506\_10 350 9977

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of the publisher and/or the editor(s). This publisher and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.

© Copyright (2024): Author(s). The licensee is the journal publisher. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/by/4.0), which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Peer-review history:
The peer review history for this paper can be accessed here:

https://www.sdiarticle5.com/review-history/121323